



# ADVANCED STROKE LIFE SUPPORT

## PREHOSPITAL PROVIDERS • SAMPLE AGENDA

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- 8:00 AM **Introduction & Pretest**
- 8:30 AM **Learning Goals & Protocols**
- 8:45 AM **Stroke Facts & Rationale for Urgent Care**  
Includes epidemiology, risk factors, causes, and prevention
- 9:15 AM Break
- 9:30 AM **MEND Exam: Focused Neurologic Assessment**  
Introduction to the practice sessions
- 10:00 AM **MEND Exam Practice Session—Normal Patient**  
Hands-on session for groups of up to 6 learners
- 11:00 AM **Major Stroke Syndromes & Stroke Mimics**  
Includes the five main stroke syndromes—left hemisphere, right hemisphere, brainstem, cerebellum, and hemorrhage—and the differential diagnosis of stroke
- 12:00 PM Lunch
- 1:00 PM **Prehospital Stroke Management**  
Includes review of the MEND checklist, stroke cue card, and ED report
- 1:30 PM **Video Case Scenarios**  
Learners watch videos in computer program while filling out MEND Checklists and Telemetry Reports, and discuss cases with instructor
- 2:30 PM Break
- 2:40 PM **MEND Exam Practice Session—Stroke Syndromes**  
Hands-on session for 4 groups of up to 6 learners (20 min/station, 3 learners examine patient at each station)
- 4:00 PM **Interactive Review**  
Review of course material in game-show format
- 4:30 PM **Posttest**
- 5:00 PM **Evaluations**